



Robert Poane, D.C., D.A.C.R.B.
One Barrington Place, Suite 108
Bel Air, Maryland 21014

Ph.: 410-420-7676 Fax: 410-420-7677

Stress causes 80-85% of all human illness.



Allergies/Sensitivities: We use revolutionary methods to assess the body's stress level. High neurologic, physiologic, and emotional stress is associated with a multitude of symptoms, including allergy and sensitivities.

The integrative approach to wellness allows us to use information in combination with patient examination, medical history, family history and computerized assessment to determine a care plan for each individual patient.

Our assessment can provide insight into what causes stress on the body, how much stress is being placed on specific organ systems at that given moment in time. We use this information to formulate a plan that might include manipulation, physical therapy, low level light therapy and or products. This type of care helps to restore balance that can impact energy, sleep and general health.

When the body is in balance, patients may experience a reduction in many symptoms. We do not treat allergies. We address the organ systems that are responsible for allergy development.

Understanding allergies and sensitivities:

- *Allergies and sensitivities develop when the immune system over reacts to a harmless substance.* A 'true allergy' is triggered by the immune system whereas sensitivities may or may not involve an immune system reaction. Food related reactions are predominantly sensitivity symptoms.
- The use of the word 'allergy' has become a generic term used by the public to describe allergies, sensitivities and intolerances. Most people we see have sensitivities.
- Most people have sensitivities, not allergies. Sensitivities, such as IBS, often produce the same symptoms as allergies, but are not detected with blood test or other allergy testing.

Are you an allergist?

- No. An Allergist is a Doctor of Medicine whose specialty is allergy and immunology and who prescribes medication. Dr. Poane is a Doctor of Chiropractic, not a Doctor of Medicine.

Do you use needles?

- No. Treatment is painless and does not involve needles.

Are there side effects?

- A common response is detoxification which can resemble cold or flu like symptoms.

What is a typical treatment plan?

- There are typically a total of 6-10 treatments over a 1-2 month period. Treatment often includes, but is not limited to, nutritional supplements, low level light therapy, and homeopathic remedies.

How many treatments will it take to feel better?

- Most people experiences a reduction in symptoms severity or frequency is 3-4 treatments.

Does traditional health insurance cover this service?

- No. However, Health Savings Accounts often do.

Helpful web sites:

- YouTube: [Bax Aura](#)
- YouTube: [Bax 3000](#)
- www.biovedawellness.com (Bax Aura and Bax 3000)
- www.allergytx.com

Visit www.DrPoane.com for more information or to schedule a visit!

"The goal is to feel better and be well at the same time."

Dr. Robert Poane

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